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I know of no better guide for couples who genuinely desire a maturing relationship. M. Scott Peck, author of *The Road Less Traveled* A remarkable book the most incisive and persuasive I have ever read on the knotty problems of marriage relationships. Ann Roberts, former president, Rockefeller Family Fund Presents advice and written exercises for college graduates, covering issues that deal with work, friends, family, dating, health, leisure, personal growth, and life goals. *The Fosters* meets *The Great Gilly Hopkins* in this moving novel of a young girl who as sets off on an important mission to save a fellow foster kid from the home that still haunts her nightmares. Twelve-year-old Pavi

Sharma is an expert at the Front Door Face: the perfect mix of puppy dog eyes and a lemonade smile, the exact combination to put foster parents at ease as they open their front door to welcome you in. After being bounced around between foster families and shelter stays, Pavi is a foster care expert, and she runs a "business" teaching other foster kids all she has learned. With a wonderful foster family in mom Marjorie and brother Hamilton, things are looking up for Pavi. Then Pavi meets Meridee: a new five-year-old foster kid, who is getting placed at Pavi's first horrendous foster home. Pavi knows no one will trust a kid about what happened on Lovely Lane, even one as mature as she is, so it's up to her to save Meridee. With help from Hamilton, brooding eighth grader Santos, and Hamilton's somewhat obnoxious BFF Piper, they set off on an important mission with life-changing stakes. Pavi will stop at nothing to keep Meridee safe. Comforting and intimate, this "girlfriend" guide to getting pregnant gets to the heart of all the emotional issues around having children—biological pressure, in-law pressures, greater social pressures—to support women who are considering getting pregnant. Trying to get pregnant is enough to make any woman impatient. The Impatient Woman's Guide to Getting Pregnant is a complete guide to the medical, psychological, social, and sexual aspects of getting pregnant, told in a funny, compassionate way, like talking to a good friend who's been through it all. And in fact, Dr. Jean Twenge has been through it all—the mother of three young children, she started researching fertility when trying to conceive for the first time. A renowned sociologist and professor at San Diego State University, Dr. Twenge brought her research background to the huge amount of information—sometimes contradictory, frequently alarmist, and often discouraging—that she encountered online, from family and friends, and in books, and decided to go into the latest studies to find out the real story. The good news is: There is a lot less to worry about than you've been led to believe. Dr. Twenge gets to the heart of the emotional issues around getting pregnant, including how to prepare mentally and physically when thinking about conceiving; how

to talk about it with family, friends, and your partner; and how to handle the great sadness of a miscarriage. Also covered is how to know when you're ovulating, when to have sex, timing your pregnancy, maximizing your chances of getting pregnant, how to tilt the odds toward having a boy or a girl, and the best prenatal diet. Trying to conceive often involves an enormous amount of emotion, from anxiety and disappointment to hope and joy. With comfort, humor, and straightforward advice, *The Impatient Woman's Guide to Getting Pregnant* is the bedside companion to help you through it. A colossal cheat sheet for your post-college years, answering all the needs of the modern woman—from mastering money to placating overly anxious parents, from social media etiquette to the pleasure and pain of dating (and why it's not a cliché to love yourself first). A perfect combination of tried-and-true advice and been-there tips, it's a one-stop resource that includes how to clean up your digital reputation, info on finding an apartment you can afford and actually want to live in, and why you should exercise the delicate art of defriending. Plus the fundamentals, from health (mental and physical) to spirituality to ethics to fashion, all delivered in Melissa Kirsch's fresh, personal, funny voice—as if your best friend were giving you the best and smartest advice in the world. Bo Lozoff is the director of Human Kindness Foundation and its internationally acclaimed Prison-Ashram Project. His writings, workshops, and tapes have helped countless people transform their lives into sacred practice even in some of our worst prisons -- prisons of selfishness, fear, anger, and addiction as well as bars and steel. When Southern California high school senior Sofi Mendoza lies to her parents and crosses the border for a weekend party, she has no idea that she will get stuck in a Mexican village with family she has never met before, unable to return to the United States and the easy life she knew. Rachel Friedman has always been the consummate good girl who does well in school and plays it safe, so the college grad surprises no one more than herself when, on a whim (and in an effort to escape impending life decisions), she buys a ticket to

Ireland, a place she has never visited. There she forms an unlikely bond with a free-spirited Australian girl, a born adventurer who spurs Rachel on to a yearlong odyssey that takes her to three continents, fills her life with newfound friends, and gives birth to a previously unrealized passion for adventure. As her journey takes her to Australia and South America, Rachel discovers and embraces her love of travel and unlocks more truths about herself than she ever realized she was seeking. Along the way, the erstwhile good girl finally learns to do something she's never done before: simply live for the moment. A fully revised and updated edition of the category leader. Includes two new chapters and 5 new illustrations. "This is the book parents have been waiting for"—Michael Thompson, coauthor of *Raising Cain*. The book that is "helpful, hopeful, and engaging"—Jeanne Brooks-Gunn, Ph.D., Columbia University. It is the book that addresses the new reality for parents of kids in their 20s and the issues that everyone in the media is talking about: When will this new generation of 20-somethings leave home, find love, start a career, settle down—grow up? And it's the book that will soothe your nerves. It's loaded with information about what to expect and guidance on what to do when problems arise (as they probably will). In other words, this is the book parents need—*Getting to 30*, by Jeffrey Jensen Arnett, the world's leading authority on the post-adolescent phase he named emerging adulthood, and Elizabeth Fishel, author of *Sisters* and other books. As *Getting to 30* shows, the road to adulthood is longer than we think—and, for parents, bumpier. It explains what's really happening to your 18- to 29-year-old, including the story behind your child's moods. The phenomenon of the boomerang child—and why it's actually a good thing, for parents and kids. The new landscape of 20-something romance. And it gives all the tools parents need to deal with the challenges, from six ways to listen more than you talk, to knowing when to open (and close) the Bank of Mom and Dad while saving for retirement, to figuring out the protocol for social media. Published in hardcover as *When Will My Grown-Up Kid Grow Up?*, *Getting to 30* includes the latest research on the

optimistic and supportive attitude most parents have regarding their 20-something children. Most startups end in failure. Almost every failed startup has a product. What failed startups don't have are enough customers. Traction Book changes that. We provide startup founders and employees with the framework successful companies use to get traction. It helps you determine which marketing channel will be your key to growth. "If you can get even a single distribution channel to work, you have a great business." -- Peter Thiel, billionaire PayPal founder

The number one traction mistake founders and employees make is not dedicating as much time to traction as they do to developing a product. This shortsighted approach has startups trying random tactics -- some ads, a blog post or two -- in an unstructured way that will likely fail. We developed our traction framework called Bullseye with the help of the founders behind several of the biggest companies and organizations in the world like Jimmy Wales (Wikipedia), Alexis Ohanian (Reddit), Paul English (Kayak.com), Alex Pachikov (Evernote) and more. We interviewed over forty successful founders and researched countless more traction stories -- pulling out the repeatable tactics and strategies they used to get traction. "Many entrepreneurs who build great products simply don't have a good distribution strategy." -- Mark Andreessen, venture capitalist

Traction will show you how some of the biggest internet companies have grown, and give you the same tools and framework to get traction. Shares suggestions, quizzes, and real-world tips to help girls get organized in order to alleviate stress, improve personal habits, and develop better time management skills. A Guide to Academia is a handbook for all those individuals thinking seriously about going to graduate school. Written by an author with extensive experience navigating the academic world, the book explains all the steps and potential bumps in the road that a student might encounter as they take the plunge into academia. Each chapter begins with a section called the "hard truth," which will help students determine if they are on the right path. Starting with an undergraduate student looking for a graduate school, the reader is taken on a

journey up the academic ladder through graduate studies, a postdoctoral fellowship and an assistant professorship. Each chapter gives advice on not only how to survive the current stage but how to get to the next stage quickly. Enhanced with material from the author's own job applications and interview presentations, *A Guide to Academia* provides concrete examples of the tools needed for a successful career in academia. *How Do I Promote My Music On A Small Budget? How Do I Get My YouTube Videos to Spread? How Do I Turn Casual Fans Into One's Who Buy From Me? How Do I Get Written About On Blogs? How Do I Increase Turnout At Shows? How Do I Make Fans Using Facebook, Twitter, Tumblr And SoundCloud?* With every day that passes, the power the major labels once had dies a little more. The chance to get the same exposure as your favorite musicians gets easier and easier. The hurdles that would only allow you to get popular, if the right people said your music was good enough, are gone. You can now get exposed to thousands of potential fans without investing 1% of what musicians used to by building a fanbase based on listeners love for your music. No more writing letters hoping that A&R writes you back. This book explains how you do it. While many books will tell you obvious information, legal mumbo-jumbo and marketing catchphrases that don't help you get more fans. Our experience working with real bands - from upstarts like *Man Overboard* and *Transit* to legends like *The Cure*, *The Misfits* and *Animal Collective*, has led us to understand the insider tricks and ideas that go into some of the most important groups of our time. We produce records, do licensing deals, negotiate record contracts and get the musicians we work with written about on websites like *Pitchfork* and *Vice*. We have worked with bands who started off as nothing and became something. Unlike any other book written on the subject we have compiled the knowledge no one else has been willing to print in fear of obsoleting their own career. We give you thousands of ideas on how to get people to hear your music and turn them into fans who pay to support your music. Whether you are a label owner, musician, manager, booking agent or publicist there is information in

this book that will help you do what you do better. Enjoy! For more information see GetMoreFansBook.com Kiki and Mish are best friends, but what Kiki doesn't know is that Michelle Pena was born a gang princess. 'Princess P' grew up destined to inherit leadership of the Snakes: a future filled with crime and fear. Michelle, on the other hand, is a nationally ranked athlete and academic superstar. This is her new life, and she's finally put her past—and her childhood love for Silver—to rest. Then Silver helps kidnap both girls, and Michelle has to figure out how to free them both—and reconnect with a future that might now be beyond her reach.

Scientists today working on controversial issues from climate change to drought to COVID-19 are finding themselves more often in the middle of deeply traumatizing or polarized conflicts they feel unprepared to referee. It is no longer enough for scientists to communicate a scientific topic clearly. They must now be experts not only in their fields of study, but also in navigating the thoughts, feelings, and opinions of members of the public they engage with, and with each other. And the conversations are growing more fraught. In *Getting to the Heart of Science Communication*, Faith Kearns has penned a succinct guide for navigating the human relationships critical to the success of practice-based science. This meticulously researched volume takes science communication to the next level, helping scientists to see the value of listening as well as talking, understanding power dynamics in relationships, and addressing the roles of trauma, loss, grief, and healing.

Do you procrastinate? And if so, what's your procrastination type? In this fun and illustrated guide, author Jennifer Shannon blends acceptance and commitment therapy (ACT) and cognitive behavioral strategies to help you recognize your procrastination habits, discover the strengths of your unique procrastination type, and find the motivation you need to meet important deadlines and reach your highest goals. In the midst of modern-day distractions like smartphones, social media, and endless hours of movie and television streaming, it's no wonder you procrastinate! But despite what you may have heard, procrastination doesn't

make you a bad or lazy person. In fact, procrastination may even work for you sometimes—creating a sense of urgency that can help you focus. But if procrastination doesn't work for you, it can get in the way of meeting your full potential—in high school, college, your career, and life. So, how can you get things done and be your very best? In *A Teen's Guide to Getting Stuff Done*, you'll discover your procrastination type—warrior, pleaser, perfectionist, or rebel—as well as the unique strengths inherent in each type. If you're a warrior, you love a good challenge, but may not be able to complete tasks you find uninteresting. If you're a pleaser, you may be so concerned about disappointing others that you postpone doing something. If you're a perfectionist, you may put things off because you're worried about your work being judged by teachers, parents, or peers. And finally, if you're a rebel, you're driven by a strong sense of independence. By understanding your type and using the practical strategies laid out in each chapter of this book, you'll be able to break the cycle of procrastination once and for all. This isn't a manual on how to please your parents, teachers, professors, or friends. This is a book to help you understand why you procrastinate, whether or not procrastination works for you, and if not, how to improve your work habits and really get things done. By helping you uncover your own unique strengths, this book will help you master your to-do list—and your life! The last thing Zach expected was to find the girl of his dreams at Gamer's Haven. When a brutal storm hits Saskatchewan, he learns that strategy is the key to winning over the girl and saving the day. How to study like a superhero. The highly acclaimed book *The Research Virtuoso* helped high school and college students maximize their studying potential. Now, this second collaboration with The Toronto Public Library challenges younger students to develop the skills they need to become "lifelong super-learners." Each of the four chapters focuses on specific skills, including organization, research, and navigating the online world. Also included are profiles of real-life super-learners, quizzes, and a full-page comic-style illustration that highlights the chapter themes.

Researched and written by two professional librarians, *Superbrain* has a superhero theme woven throughout, and features wacky and exuberant art. With its bright and energetic design, this book is a go-to reference for teachers, librarians, and students everywhere. As women in the workplace, we are told anything is possible--if a woman hasn't done it yet, then we can be the first. But in reality, there are still unwritten rules that make it possible to see the next step but never reach it. Sometimes we become so numb to our problems that we accept them as unchangeable--we get stuck. What if you could change your life, starting with your career? *Getting Unstuck: A Guide to Moving Your Career Forward* tells the story of how one woman found the time and energy to overcome the battle for advancement in corporate America. Meredith Moore Crosby, who supported the most diverse senior leadership team in the history of the McDonald's Corporation, shares unwritten rules and the advice of her mentors to evolve your dream job into your dream life, taking control of your time and designing a set of values to lead you onward. Her book offers a vision for aligning your purpose with partnerships to move your career forward. It's not about succeeding or failing--not trying is the only real risk. Let Meredith take you on a journey to getting unstuck. Learn the basics of the publishing industry

When a loved one has OCD, it's a constant struggle. It hurts to see your spouse so anxious or your teen spending so much time alone. You've tried logic, reassurance, even accommodating endless rituals--but, too often, these well-meaning attempts actually make OCD worse. Psychologist Jonathan Abramowitz has worked with countless families affected by OCD, and he understands the strain. He also knows you can turn things around. Grounded in state-of-the-art treatment research, this compassionate guide helps you change your own behavior to support your loved one's recovery. By gently but firmly encouraging the person you care about to face their fears, you can stop being controlled by the disorder, disentangle yourself from unhealthy patterns, and see your whole family grow more confident and hopeful. Vivid stories, dos and don'ts, and

practical tools (which you can download and print for repeated use) help you follow the step-by-step strategies in this life-changing book. From a sex columnist for "Glamour" and "Essence" magazines and author of "What Your Mother Never Told You About Sex" comes an encouraging, empowering, frank, and spicy guide designed to help women achieve deeper sexual satisfaction. Black-and-white illustrations throughout. More information to be announced soon on this forthcoming title from Penguin USA This hilarious follow-up to the wildly popular *Bad Girl's Guide to the Open Road* is the ultimate guide to getting it anything and everything in *Bad Girl* style. Delayed gratification is a thing of the past with this inspired collection of tips and tricks for scoring love, fame, money, power, parking spaces, and other essentials. With sure-fire schemes for everything from free food and airline miles to insider lingo for paving pesky resume gaps, *The Bad Girl's Guide to Getting What You Want* shows how to fake it fabulously. But spin and strategy are just the beginning the truth can be an even more wicked weapon. Learn the secrets of men's hair, the landlord's Achilles' heel, and the maitre d's darkest desires, and the dream date, great apartment, and best table are yours! Racy bad-girl confessions and edgy illustrations make this indispensable volume even dishier. Ethics are overrated it's the results that count! Pack this sassy package in your purse and knowing what you want is as good as getting it. With distance learning, teens are having to manage their time and attention now more than ever. Procrastination is especially tough for young adults. Getting started is overwhelming, it's hard to get motivated, not knowing how long things take messes up planning, and distractions are everywhere. We are all wired to put things off, but we can learn tools and techniques to kick this habit. This book is a user-friendly guide to help teens get their tasks done. Simple, straightforward, and with a touch of humor, it's packed with practical solutions and easily digestible tips to stay on top of homework, develop a sense of time, manage digital distractions, create easy-to-follow routines, and get unstuck. In her breezy, witty style, internationally

recognized academic and parenting coach Leslie Josel opens the door to a student's view of procrastination, dives deep into what that really looks like, and offers up her Triple Ts—tips, tools and techniques—to teach students how to get stuff done...now. "Hey Guys! This book is the easiest and fastest way for you to learn how to help yourself. If your parents are constantly on you about school stuff, how you manage your time or things like that you'll definitely want to use this book." — Ryan Wexelblatt, LCSW (ADHD Dude)

"Listen up, parents! This is the book that will get teens nodding their heads—and actually using the strategies and tips as they transform their study time! Teens and college students alike will feel totally empowered as they tackle their toughest obstacles: procrastination, distraction, organization, and all the rest. With real-life examples and a super-readable format, students will gain the practical help they need to power through their studies and do their best work." Amy McCready, author of *The "Me, Me, Me"*

Epidemic: A Step-by-Step Guide to Raising Capable, Grateful Kids in an Over-Entitled World "The queer teen historical you didn't know was missing from your life." — Teen Vogue, on *The Gentleman's Guide to Vice and Virtue* In this funny and frothy novella that picks up where the New York Times bestselling *The Gentleman's Guide to Vice and Virtue* leaves off, freshly minted couple Monty and Percy fumble through their first time together. Monty's epic grand tour may be over, but now that he and Percy are finally a couple, he realizes there is something more nerve-wracking than being chased across Europe: getting together with the person you love. Will the romantic allure of Santorini make his first time with Percy magical, or will all the anticipation and build-up completely spoil the mood? 'Honest, funny, inspiring, brave, generous — you just want Casey to be your best friend. I loved it.' — Jessica Marais 'Like your best, naughtiest friend and older sister rolled into one. Beros delivers a hilarious, vital hug to a new generation of women.' — Natalie Imbruglia 'An epically funny book that drops the expectations and unpacks what it is that makes you, you.' — Turia Pitt 'I've never made a mistake.' — said

no one, ever Casey Beros is sick of women feeling bad about themselves. Bad about their slip ups, their successes and the size of their pants. You see, Casey has made a lot of mistakes. Some she made a few times, just to ensure they really sunk in. But after more than a decade spent interviewing experts about health and happiness, Casey has learned to turn her mess into a message: you are not your mistakes. It's time to shrug off the shame, do away with the disappointment and start loving your story, because you deserve whatever you want out of life - and this book is about helping you get it (and making sure you have a bloody good time along the way). Written for all the bad girls (and good ones, too), *The 'Bad' Girl's Guide to Better* offers a hilarious and poignant take on growing through some of your worst behaviour to step into a better, brighter future - from upgrading your emotional intelligence to fixing your relationship with money, navigating friendships, forgiving your parents and finding the one(s). A bestie in a book, it will soothe your soul, make you giggle and alter your perspective on the most important relationship in life: the one with yourself. Because life is a sh*tload easier when you have your own back. For those starting out in their careers—and those who wish to advance more quickly—this is a delightfully fussy guide to the hidden rules of the road in the workplace and in life. As bestselling author and social historian Charles Murray explains, at senior levels of an organization there are curmudgeons everywhere, judging your every move. Yet it is their good opinion you need to win if you hope to get ahead. Among the curmudgeon's day-to-day tips for the workplace: • Excise the word “like” from your spoken English • Don't suck up • Stop “reaching out” and “sharing” • Rid yourself of piercings, tattoos, and weird hair colors • Make strong language count His larger career advice includes: • What to do if you have a bad boss • Coming to grips with the difference between being nice and being good • How to write when you don't know what to say • Being judgmental (it's good, and you don't have a choice anyway) And on the great topics of life, the curmudgeon urges us to leave home no matter what, get real jobs (not

internships), put ourselves in scary situations, and watch Groundhog Day repeatedly (he'll explain). Witty, wise, and pulling no punches, *The Curmudgeon's Guide to Getting Ahead* is an indispensable sourcebook for living an adult life. "An intriguing amalgam of personal memoir, philosophical speculation, natural lore, cultural history, and art criticism." —Los Angeles Times

From the award-winning author of *Orwell's Roses*, a stimulating exploration of wandering, being lost, and the uses of the unknown

Written as a series of autobiographical essays, *A Field Guide to Getting Lost* draws on emblematic moments and relationships in Rebecca Solnit's life to explore issues of uncertainty, trust, loss, memory, desire, and place. Solnit is interested in the stories we use to navigate our way through the world, and the places we traverse, from wilderness to cities, in finding ourselves, or losing ourselves. While deeply personal, her own stories link up to larger stories, from captivity narratives of early Americans to the use of the color blue in Renaissance painting, not to mention encounters with tortoises, monks, punk rockers, mountains, deserts, and the movie *Vertigo*. The result is a distinctive, stimulating voyage of discovery. Now updated for 2015!

The best, most comprehensive guide for writers is now revised and updated, with new sections on ebooks, self-publishing, crowd-funding through Kickstarter, blogging, increasing visibility via online marketing, micropublishing, the power of social media and author websites, and more—making *The Essential Guide to Getting Your Book Published* more vital than ever for anyone who wants to mine that great idea and turn it into a successfully published book. Written by experts with twenty-five books between them as well as many years' experience as a literary agent (Eckstut) and a book doctor (Sterry), this nuts-and-bolts guide demystifies every step of the publishing process: how to come up with a blockbuster title, create a selling proposal, find the right agent, understand a book contract, and develop marketing and publicity savvy. Includes interviews with hundreds of publishing insiders and authors, including Seth Godin, Neil Gaiman, Amy Bloom, Margaret Atwood, Leonard Lopate, plus

agents, editors, and booksellers; sidebars featuring real-life publishing success stories; sample proposals, query letters, and an entirely updated resources and publishers directory. A moment of contemplation in a frantic world to allow your heart to sing and spirit to soar! *The Hump. A Guide to Getting Over It* is a fun and motivating self transformation and self improvement book focusing on one's ability to change their life by changing their perspective. It gives advice on using pitfalls in life to propel oneself over any challenges that could block them on the road of recovery from trauma, depression, personal loss, PTSD and other human mental ailments. It takes experiential knowledge of the author and shares that knowledge with the reader through real life stories supplemented with research on tools to maintain mental and physical health all with a dose of grown ass humor. *A Refinery29 Best Book of 2018* *One of Real Simple's Most Inspiring Books for Graduates* *Indie Personal Finance Bestseller* How to get good with money, even if you have no idea where to start. *The Financial Diet* is the personal finance book for people who don't care about personal finance. Whether you're in need of an overspending detox, buried under student debt, or just trying to figure out how to live on an entry-level salary, *The Financial Diet* gives you tools to make a budget, understand investments, and deal with your credit. Chelsea Fagan has tapped a range of experts to help you make the best choices for you, but she also knows that being smarter with money isn't just about what you put in the bank. It's about everything—from the clothes you put in your closet, to your financial relationship habits, to the food you put in your kitchen (instead of ordering in again). So *The Financial Diet* gives you the tools to negotiate a raise and the perfect cocktail recipe to celebrate your new salary. *The Financial Diet* will teach you:

- how to get good with money in a year.
- the ingredients everyone needs to have a budget-friendly kitchen.
- how to talk about awkward money stuff with your friends.
- the best way to make (and stick to!) a budget.
- how to take care of your house like a grown-up.
- what the hell it means to invest (and how you can do it).

Since 2001

William Germano's *Getting It Published* has helped thousands of scholars develop a compelling book proposal, find the right academic publisher, evaluate a contract, handle the review process, and, finally, emerge as published authors. But a lot has changed in the past seven years. With the publishing world both more competitive and mor... Hey, gorgeous! You know how you're always thinking about getting more organized? More focused? Healthier? Changing up your hair routine? And so many other things? It's time to stop thinking about it and do it! We know getting started seems overwhelming; we've been there. We're both busy professionals and moms, so we know how self-care gets pushed to the side. But that's not the way it should be! We want to help you become your best self—that's why we teamed up to write *Get It!* And gathered all our favorite tips, tricks, and secrets to help you get whatever "it" you want: *Get Centered*, *Get on Track*, *Get Organized*, *Get Healthy*, *Get Fit*, *Get Beautiful Hair*, *Get Flawless Skin*, *Get Made Up*, *Get Stylish and Sexy*—in just minutes a day. From finding a calm center amidst chaos and dressing for your body type in your 30s, 40s, and beyond, to getting in shape no matter what your schedule looks like and saving time on hair, makeup, and looking and feeling young, *Get It!* is the ultimate handbook to finding style, beauty, and wellness within yourself while getting exactly what you want out of life. We're so excited to share this book with you. Whatever you want—it's time to get it! XOXO, Jacqueline and Jené

Definitive in every way, *Ugly Christmas Sweater Party Book* includes the history of the event, how to throw the perfect party, what to wear, and how to judge the all-important ugly Christmas sweater contest. But most important, *Ugly Christmas Sweater Party Book* is packed with more than 100 hilarious, full-color photos of outrageously ugly Christmas sweaters, including *Scarf Face*, *Wreath Witherspoon*, and *Ryan Treecrest*. It's a must-have for the millions who plan to throw or attend an ugly Christmas sweater party, and a sidesplitting look at the funniest, craziest, most unbelievable holiday sweaters you can imagine—authorized by *Team Ugly*, the recognized experts on ugly Christmas sweater

parties. Praise for Ugly Christmas Sweater Party Book: "Part party primer, part not-so-tongue-in-cheek appraisal of holiday sweater fashion, this title delivers on both aspects." —Library Journal This approachable guide conflict resolution offers practical advice on how to manage difficult conversations and foster healthier relationships—the Zen way The people who get under your skin the most can in fact be your greatest teachers. It's not a matter of overlooking differences, as is often taught, but of regarding those difficult aspects of the relationship with curiosity and compassion—for those very differences offer a path to profound connection. Diane Hamilton's practical, reality-based guide to living harmoniously with even your most irritating fellow humans—spouses, partners, colleagues, parents, children—shows that "getting along" is really a matter of discovering that our differences are nothing other than an expression of our even deeper shared unity. NATIONAL BESTSELLER • Considering a trip to a quaint English village? You'll think twice after learning about the countless murderous possibilities lurking behind the bucolic façades, thanks to this illustrated guide from #1 bestselling author Maureen Johnson and illustrator Jay Cooper—perfect for fans of cozy mysteries. A weekend roaming narrow old lanes, touring the faded glories of a country manor, and quaffing pints in the pub. How charming. That is, unless you have the misfortune of finding yourself in an English Murder Village, where danger lurks around each picturesque cobblestone corner and every sip of tea may be your last. If you insist on your travels, do yourself a favor and bring a copy of this little book. It may just keep you alive. Brought to life with dozens of Gorey-esque drawings by illustrator Jay Cooper and peppered with allusions to classic crime series and unmistakably British murder lore, Your Guide to Not Getting Murdered in a Quaint English Village gives you the tools you need to avoid the same fate, should you find yourself in a suspiciously cozy English village (or simply dream of going). Good luck! And whatever you do, avoid the vicar. In this candid, refreshing guide for young women to take with us as we run the world,

Emilie Aries shows you how to own your power, know your worth, and design your career and life accordingly. Young women today face an uncertain job market, the pressure to ascend at all costs, and a fear of burning out. But the landscape is changing, and women are taking an assertive role in shaping our careers and lives, while investing more and more in our community of support. Bossed Up teaches you how to: Break out of the "martyrdom mindset," and cultivate your Boss Identity by getting clear on what you really want for your career and life without apology; Hone the self-advocacy skills necessary for success; Understand the differences between being assertive (which is part of being a leader) and being aggressive (which is more like being a bully) - and how that clarity can transform your trajectory; Beat burnout by identifying how the warning signs may be showing up in your life and how to prioritize bringing more rest, purpose, agency, and community to your day-to-day life; Unpack the steps to cultivating something more than just confidence; a boss identity, which will establish your ability to be the boss of your life no matter what comes your way. Drawing from timely research, and with personal stories, and spotlights on a diverse group of women from the Bossed Up community, this book will show you how to craft a happy, healthy, and sustainable career path you'll love.

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